

**Books and DVDs.** (The \* indicates you can *borrow* ( ! ) from Karol in the office. )

Minibooks series by New Growth Press.

A series of Minibooks on a very wide range of topics. They are very good indeed and cover everything from Mental Health – Singles issues – Addiction – ADHD children etc etc. Ask Karol re topic. \*

Mental Health .

“A Practical Workbook for the Depressed Christian” – Dr John Lockley \*

“When Darkness seems my closest Friend” – depression. – Mark Meynell. \*

DVD; Eating Disorders. \*

“Overcoming Traumatic Stress” – Claudia Herbert and Ann Wetmore. \*

“The Worry Book” – Will van der Hart and Rob Waller. \*

“Fighting Fear with Faith” weathering the storms with God’s promises” – Denise George. \*

Marriage / relationships.

“Boundaries in dating” –Cloud and Townsend \*

“One More Try” – Gary Chapman \*

“The Snare” ( preventing affairs ) – Mowbray.\*

“God and the Transgender Debate” – Andrew T Walker. \*

“A Better Story”( God, Sex and Human Flourishing ) – Glynn Harrison. \*

“The Mom Factor” – Cloud and Townsend \*

“From Anger to Intimacy” – Smalley and Cunningham. \*

“As Long as we both shall Live” – Smalley and Cunningham. \*

Porn.

‘Building a Pure Life’ – David Coats

‘Every man’s Battle’ – Fred Stoeker

‘Healing Damaged Emotions’. – David Seamounds.

Biblical Counselling.

“Instruments in the Redeemers Hands” – Paul David Tripp

“A Small Book about a Big Problem” ( Anger ) – Edward T Walsh. \*

“Speaking Truth in Love” - David Powlinson. \*

“How People Change” – Timothy S. Lane and Paul David Tripp. \*

Other.

‘Debt Free Living’ – Larry Burkett and Keith Tondeur.

DVD; ‘Prodigals’ – Preparing for our prodigals return.